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1st SPAY conference p. 3



3rd SPAY conference p. 8



prof. Ing. Pawel Czarnecki, PhD.,  
MBA, LL.M, Dr.h. c. p. 18

Editorial .....	3
1st SPAY conference .....	4
2nd SPAY conference and integration forum.....	7
3rd SPAY conference .....	9
SPAY team .....	14
Warsaw management university .....	17
prof. Ing. Pawel Czarnecki, PhD., MBA, LL.M, Dr.h. c. ....	19
SPAY 2017 .....	22
Information about st. Elizabeth University of Health and Social Work .....	23
Project for vulnerable children in Uganda .....	25
Dormitory Mea Culpa .....	28
Prima CBO .....	29
Diagnostic center for youth .....	31
Úsmev ako dar .....	32
Students activities .....	34

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## Editorial

It is my pleasure and privilege to welcome and give salute to all readers of this special issue of Bonitas launched on occasion of SPAY conference held in Warsaw under the auspices of Warsaw Management University and St. Elisabeth University of Health and Social Work.

You can find here reports about previous SPAY conferences held in Bratislava, introduction of SPAY organizing team and brief introduction of Warsaw Management University and St. Elisabeth University of Health and Social Work as well. Lot of interesting information you should get from an interview with prof, Czarnecki, rector of Warsaw Management University We take occasion to describe the St. Elisabeth University of Health and Social Work project in Uganda. We are proud to let you know much more about our important and interesting projects in Slovakia. First, project „Úsmev ako dar“- working with orphan children, second, project „Mea culpa“- working with homeless people, third, CBO „Prima“- working in a field of drug addicts, especially in primary prevention and Harm reduction (reduction of harm of drug use), and at last but not least it is „Diagnostic center for youth“- designated for youth with behavior disorders.

I hope you will find his special issue of our journal interesting and full of important information. Our journal Bonitas is available also on internet – [bonitas-seu.sk](http://bonitas-seu.sk), and you can find us on facebook as well – [bonitas-seu.sk](http://bonitas-seu.sk).

*Stanislav Špánik,  
editor in chief*

# International dialogue on aspects Of social pathology among children, Adolescents and young adults

## SPAY

(Social Pathology Among Youth)

Socio-pathological phenomena of today's youth

St. Elizabeth University Health and Social Sciences in Bratislava organized on April 23 in the premises of the Paneuropean School of Law International Scientific conference entitled SPAY - socio-pathological phenomena among young currently, the main idea was, to bring the risks, threats, challenges, perspectives and given the very prevention problems. The conference represented a huge benefit to those for who are not careless about the current very sensitive situation.

The aim of the meeting was to create functional platform for the exchange of useful information between the present discussioners and listeners and for subsequent developing applications in practice in the fields of research, and the main intention was to promote active cooperation of teachers, educators, educators and social workers from Slovak Republic and abroad wide.

On behalf of the organizing committee has Doc. MD. Jozef Šuvada, PhD, who in his opening speech recalled the importance of new, relevant and innovative information necessary for solving, diagnostics, prevention and way forward measures to combat the socio-pathological phenomenon in our society.

Subsequently, had the Vice-President of the National Council of the Slovak Republic Ing. Erika Jurinová with her speech officially opened the International Scientific Conference SPAY.

*"The socio-pathological phenomena create evil in society and the role of scientists, professionals and especially all of us are to suppress these facts in society and by our action try to produce an effective preven-*

*tion."* It is important not only to talk about his problem, but mostly to find solutions, develop methods and procedures to aid reaches the people who are really in need of it. Vice-President of NRSR sees the main problem in the lack of communication and absence of information, or finances, which deficit often hamper active development assistance to the parties.

Opening ceremony with his presence honored the head of the secretariat and Secretary of the Council of the Slovak Republic for prevention of criminality PhDr. Elena Buksová. *"The conference is an excellent by the search for solutions as possible improve the situation, particularly in relation to children and youth,"* while also admitted the fact that important factor in the art are undoubtedly finances and lack of skills an unbiased perception of the individual to every human being without distinction.

*"Let's show to our children that they can live honestly, fairly and morally,"* she added. It is therefore up to us whether we can resist pressure of nowadays and not to give up in disgrace impact on our personality. It is hard, but it is achievable!

Vice-rector of University of St. Elizabeth and head of the Department of Social Work prof.MD. Eva Grey, PhD, does not hide her enthusiasm of the multidisciplinary events and links from experts from various universities and government institutions.

Similarly, as for the other dear guests we hope that the meeting is not in any case the last. Rector of Paneuropean University Prof. Mgr. Ján Svák, DrSc. In his introductory speech recalled the seriousness of art that is the best prevention, through which



people easily find their way to each other. Learning about other cultures and people is important for a better understanding of human.

Often it is a language barrier or lack of funds. Another huge problem today, is according to professor the ever-present internet. Just that alienates us from communities of people. Internet percept as a trap of the 21st century, but do we really realize it? It is even in hands to suppress terror and negative impacts of virtual traps?

### Drug abuse disrupts families

If the juvenile drug addicts suffer a disease that can seriously distort family relations. Parents, siblings, and all other family members are receiving under tremendous pressure, and it may not be just right for problem children. The pressure is also felt by neighbors and friends which seriously undermines mental disabilities families.

Addicts cannot be trusted if something promise, easily disrupted and have problems concentrating, as referring only on how to get the drug. Often they resort to lies and theft, to get the money necessary to purchase the next dose. They spend the night away from home and do things they normally would not do.

Addicted adolescents only rarely admitted that they are sick, so do not seek nor the assistance. They do not see any problem and worries that they cause to their surroundings. For the treatment of the events from the rules to the pressure from the surrounding area, which is not very good the road.

Convince the adolescent that is really addicted and he needs help is seems like sci-fi. Forced stays in treatment center to provide at least a spark of hope to cure, but the effects that are marked in hearts of family members are indescribable sorrow and indelible.

To this serious issue responded Mgr. Barbora Kuchárová and doc. Mgr. Alojz Nočiar, PhD. Attention definitely deserves the fact that legal drugs, e.g. cigarettes in the amount of 1.5 per day smoked in Slovakia

more and more women. Abroad smoking apparently outmoded, while the Slovakia is still inclined more adults, but what is alarming, even teenagers!

In recent years in Slovakia is attention drawn to drugs such as heroin, methamphetamine or marijuana. Particularly mostly by action of mass media and the influence of advertising, however, we are increasingly tolerant to alcohol abuse, which many parents, teachers and other professionals but also professionals working with youth perceive as less evil. Repeated belittlement of alcohol consumption, which undoubtedly supports and cultural tradition of our society does not change the fact that in our conditions it is according to many aspects still drug number one.

How extensive it is in Slovakia the problem of alcohol consumption suggests very transparent statistical result survey that summarizes data for years of 90's. About 5% of adults in Slovakia are the complete abstainers, 60% are consumers without any problems, so people who drink occasionally, 30% drink hazardously – self-harming or with problems, the remaining 5% is addicted to alcohol. It is very important to note that due to the already mentioned access to this consumption is from year to year more pronounced.

The problems associated with alcohol are in our society from the very beginning of development of European civilization. Slovakia is for years trying to deal with the negative consequences of careless attitude. There is a difficult task ahead of us to streamline, intensify and participate in our efforts for implementation of system approach. Similar problems was a few years ago also in France, which was forced to expand its national program for the fight against drugs, alcohol and tobacco. Will there be such a radical solutions?

**Michal Milan, coordinator of project CESTA (WAY) very objectively explained operation of organization the Children Helpline.**

Desperate facts of practice showed the importance of its existence. The possible absence in this regard, in most cases could

have fatal consequences. Employers of organization are an important part in active working with children, education and not least in the field of prevention undesirable phenomena in their fragile children lives.

Children Helpline offers advice through helplines (116 111), which also runs the Parental line counseling and Social-law counseling. It also provides a number for missing and sexually abused children (116000) as well as links to affect by virtual world. Employers while ensuring consultancy in they out-patient crisis center and act as an accredited outreach counselors. Help, however, is a complex matter, without any impulse it is very difficult. Implementation of all activities depends on partnerships, grants, sponsorships, therefore it is often very difficult apply for patronage and support of all who share the same values.

We live at a time when it is extremely hard to resist consistently available sin, where traditional values lose its true mean-

ing. Life path is not often wide enough and slipping from it is now easier than ever before. Be honest. How many of us are really prepared stand up in the face of a problem that at the first glance, requires deeper consideration? It is up to us and deepens on desire to improve knowledge applicable in practice, that we become powerful individuals, opening arms and doors in different social counseling and civic centers where we will worthily face the new challenges and tasks linked with the issue of people who not need only our professional but also a human manpower really need.

We are still humans. By the interactions we have the power to totally avoid the recognizable socio-pathological phenomenon and by our competence establish prevention on a professional and human level... Let's not wait, let's go!

*Zuzana Rusnačková  
Department of Social Work - Student  
Picture attachment © OZ Prima*



# Refugees and migrants

## - the current situation, our and their way further

*November 10 St. Elizabeth University held SPAY - autumn conference and Integration Forum 2015 about particularly very serious topic - refugees and migrants, which concerns not only Europe but also all of us.*

Our attitudes, opinions or feelings are diverse and unfortunately, many of us are easily allowed to affect the big names and often manipulative statements. Also thanks to the conference we had the opportunity to realize that many of these statements are not based on the real truth, the fact is that only a few of those who we mindlessly trust, saw the misery of refugees in their own eyes.

People that we had the opportunity to listen to at the AUTUMN conference perfectly approached the issue of nowadays. Realistic view based on experience in a refugee camp, or personal experience of their suffering, changed the view of the situation to many listeners.

### Where is the truth?

Hundreds of thousands of people fleeing from war and repression in their homeland and seek for refuge in Europe. Something similar is unprecedented since the Second World War. A mass influx of refugees caused fervent debates in all EU countries, and the views of individual leaders on how to solve the immigration crisis vary. On the one hand is the friendliness and solidarity, but on the other hand stand enormous fear, resentment and hostility. Our negative feelings in the vast majority are not justified. Induce them false information - a myth that mislead and cause fear all Europeans.

### Even for THIS are refugees unwelcome in here:

**Myth 1:** "The vast majority of migrants were economic refugees"

This phrase of politicians we all know intimately. They say that people are not fleeing from war and oppression, but to be better at the expense of us Europeans. Hungarian Prime Minister Viktor Orban said that economic migrants representing the majority of immigrants in the EU and described the current situation as a "rebellion of illegal migrants." Unfortunately, this claim was

also supported by several others conservative politicians like Nigel Farage and also our Prime Minister Robert Fico. However, if we actually think about the situation, it is impossible that (as calculated by Robert Fico) up to 95 percent of these people represent economic refugees. It is true that no one knows exactly from where migrants actually come to Europe, but the UNHCR (<http://www.unhcr-centraleurope.org>) estimates that at least 50 percent of people who have not yet arrived into the EU from Syria - country which is for years decimated by war and where bombing and violence is an everyday affair.

Similarly, many other nations seeking refuge in our country comes from war-affected countries such as Iraq and Afghanistan. For the asylum ask people, who are oppresses or recruits for compulsory military service in their own country. How many of us are actually aware of this fact?

### Myth 2: "Refugees may remain in Turkey"

It is said that if migrants decide to run-away to Europe, they do not do it because of fear of war, but they want to be living off the social system of developed countries. Hungarian Prime Minister referred refugee to remain in Turkey, which represent a safe country. In Turkey and surrounding countries, however, these people have almost no rights, since refugee status there is not legally defined. Ankara gives temporary protection, but based on the fact that refugees abstain for a short time and then leave the country again. As the help of humanitarian organizations decline, tension between locals and refugees escalates and the camps become overcrowded.

### Myth 3: "They do not seem like they need help."

Anti-refugees groups claim that many migrants have smartphones, expensive jewelry and clothes and that they generally seem to be healthy and well fed. This falls

thinking is proving the ignorance of these groups, they have no idea what it means to be a refugee. Most of fleeing comes from middle class, among them are educated and wealthy, who had to leave their homes because of the war. Syria has been more recently developed countries where mobile phones were certainty, as well as in our country. Thanks phones are families able to communicate with each other and navigate themselves throughout the journey. We really even want to reproach THIS?!

**Myth 4: "Supporters of Islamic states are masked refugees"**

Internet recently flooded picture of Islamic state fighter in full armor and then the same man in the photo is in jeans and T-shirts with the words "thank you" in a refugee camp in Europe. From reliable sources it became clear that this was an older photo of Syrian army captain, who was also decided that rather flee from nonsensical war and their families lead to safety. A fourth point is only a manifestation of people fears of terrorism. We understand, but how many were searching for the real truth?

**Myth 5: "Immigrants destroy the economy of the Union"**

„They will flood our country and are willing to work for half wages, making the domestic people unemployed.“ Experts say that if the right approach is chosen, the influx of new labor force will have a positive impact on the EU economy. There are studies that predict that refugees will have on the domestic economy positive, at worst neutral impact.

**Would you take such a life?**

In Lebanon, meanwhile Syrian refugees make up a fifth of the country's population. Up to half of the 1.1 million newcomers live in makeshift settlements. In Jordan, it does not look any better. Two-thirds of the 600,000 migrants live in poverty and one in six is living in extreme poverty. Legal barriers in Turkey, Jordan and Lebanon do not allow refugees to find work and are therefore forced to work illegally or work in prostitution and in illegal activity.

The World Food Program will give people food, but the organization gradually running

out of funds and with them fades and humanitarian support. Currently, refugees will receive about 50 cents for a meal per day! After long months in exile, migrants have spent savings and are forced to beg, sell their bodies and let their children work. Middle-class family with children barely survives on the street overnight.

**Let us be humans!**

Many politicians submitted unsubstantiated and misleading information about migrants to benefit from the initial concerns of citizens about recent arrivals unrecognized political cultures in their favor instead of trying to calm the people down and raise awareness. Many of these anti-refugees claims shall occur every day in the media and what is worse that political leaders in Europe and America declare it as well. No wonder that such negative publicity has paved the way to fear and hate usually kind and supportive hearts of many of us.

Therefore, in addition to all the laws, declarations, myths and hatred of people who only desire a life in peace, let us try to realize that the situation is actually quite simple - all refugees are human beings who desperately need our help! Is it really necessary to think about it even more?!

For myself I can say that I am very glad that the effort to organize a similar conference continues. People whose judgment every day "massaged" media, is not always a deliberate statement elites often do not have the slightest chance to know the real truth. Thanks to the conference we had the opportunity to listen to all those refugees came into direct contact. I believe that many of their testimonies allow to better understand what is really important in life, which means love and help your neighbor...

I am very glad to be part of a university that has a heart and is not afraid to help. Unselfish support orphanages, humanitarian projects, clinics or hospitals and do not hesitate to help people who are pushed by the society to the edge - people infected by HIV. I believe, as Prof. Krčmery said, that we will all remain intertwined!

*Zuzana Rusnačková  
Department of Social Work - Student*



# Mental disorders among refugees are increasing

European migration crisis is pushing the accelerate development of new "trends" in psychotherapy. Refugees do not care about only one traumatic event - there are several, such as rape, war and torture.

Among the thousands of people fleeing from Syria, Afghanistan and other war-tested country, according to several scientific studies, many of them found some form of serious mental illness, including post-traumatic stress syndrome. That causes in patients the panic attacks, insomnia, emotional instability, inability of creating new relationships, loss of confidence and consequent problems in the important process of integration into society. In addition to mental instability, there are daily struggles to meet basic needs such as food, clothing, shelter and feel safe and functional system of justice...

## We have to talk about problems of the refugee crisis!

Although refugee issue is not new, only in the last decade, psychologists began to deal with this subject more. The current therapies cannot handle this kind of problems, because the traumas of modern times are usually caused by only one event (e.g. rape, severe accident, soldiers return from war ...). European therapists therefore can do nothing more than a search for new treatments to be able to help people with this severe suffer. There are just a few experts, however, patients are many. According to the Refugee agency of the United Nations by the end of 2014 migrated 59.5 million (!) people, while in 2013 it was 51.2 million. (www.reuters.com).

**Answers to questions related to mental health problems of people who were affected by the war, were searched at psychologist Ludmila Haňková at the conference SPAY:**

**1. In the refugee camp is naturally great frustration resulting from unpredictable situations which will hap-**

**pen next. It is possible to overcome something similar without any mental effect? On what it depends on?**

Personally, I believe that it is a highly stressful situation. The less information, the more mental stress and anxiety. The degree of resistance to stress, of course vary on each individual. The psychological harm is not generally consider and also it is difficult to measure. Someone who experience this situation very closely, showed signs of acute psychological disadaptation form of anxiety-depressive states, depression can withstand anyone, but the effects of stress will be felt later in the form of illness or mental disorders. In general, the more is the situation predictable, the smaller is the stress, and vice versa.

**2. How are the horrors of war affecting the child? As is this situation going to profile men in the future?**

In general we can say that is not in the best way. But on the other hand it is very individual. A child growing up during the war, this situation can accept and behave according to it. This means that they will fight for their lives by the same methods as those seen and experienced and becomes a warrior. In other, less resistant, will develop post-traumatic stress disorder.

**3. What leads people to crime, let's say to rape? Where is the imaginary line where otherwise decent man deviate to similarly desperate mishaps?**

The violent acts of man are most often caused by fear and despair. A man who did not grow in violence and do not consider the violence as a normal, naturally does not want to commit the violence. Struggle of life often force man to resort to a violent acts. Mentioned issue was well explored after the Second World War. Just take another look at experiments performed by F. Zimbardo or S. Milgram.

**4. In your opinion, is the refugee crisis and related despair and hopelessness of masses create criminals?**



This humanitarian crisis is vast and overwhelming majority is saving their own lives and the lives of their children. But certainly it is not inconceivable that some individuals, who have ulterior motives, misused this crisis and together with other refugees were also transferred to Europe.

**5. What would you refer to those who declare that they have enough of their own problems and would not take in any case other (even more dangerous) people?**

I think they should look back in history, when during the Second World War millions of Europeans were accepted as refugees in the United States. Well, of course, many people naturally worry about their own safety in their own home are understandable.

**Social Pathology Among Youth (SPAY) International Conference**

SPAY conference is traditionally held in the premises of the Paneuropean University in Bratislava - March 17, 2016. It raised the issue of the refugee crisis, poverty in Europe, social exclusion, refugee policy, mission volunteers, but especially drew attention to the need to talk about the situation. Ignoring the situation in Europe is only a proof of indifference and ignorance on which should many of us to work.

**Do not burn the bridges. We never know when we will have to cross them again...**

Just a few months ago, there was a discussion on migration in Slovakia only minimal. Opinions of politicians, who were just before the election elegantly increasing their credit, have resulted in uncertainty, hatred, rejection of responsibility and fear of a situation that has not even occurred. But if any of us began to think about the situation on their own, based of real facts, it would probably look like this: Every day, masses of people are forced to leave their homes to escape from death, violence, military conflicts and hunger. More than 60 million people found themselves helpless outside the home. There were so many refugees in the world since

the end of World War II! Anyway, miserable situation in the camps often complicate the terrifying memories of home. You have still not changed your mind?

Conference as SPAY should none of us ignore. Thanks to them, we have a unique opportunity to face reality and at the same time transform doubt or uncertain opinions to the right side. We are humans. Empathy we have empathy in our nature, so why would we waste it? I believe that it is our duty to help anyone who is in need. The effort to mollify the suffering of refugees and create conditions to ensure that those who express a desire to live in Slovakia would be able to integrate should be in the interest of every one of us...

*Source: reuters.com*

**At the conference, I asked the participants three questions:**

- 1) *Where did you hear about this conference?*
- 2) *40 interested the most in the conference?*
- 3) *41 noticed some shortcomings, which should in the upcoming years be improved by the organization?*

**Kristína Pišajová**

Invitation to the conference came to me via e-mail. Since we are just at the beginning of the conference, I cannot say exactly what intrigued me the most yet. I have notice just one failure so far, and it is delay, what caused that it was impossible to hear some contributions.

**Kornélia Ďuríková**  
*High School Šamorín*

I have noticed the conference in cooperation with the PEVŠ, as they sent me an email. I have registered this conference since last year. I was impressed the most by very interesting and mostly actual topics. I consider as the fail the lack of space for speakers and even less room for discussion.

**Denisa Jankovičová**  
*Student of St. Elizabeth University*

I have learned about the conference at the University of St. Elizabeth, where

I study in 5th year the social work. I am very interested in a lecture on the topic of socio-pathological phenomena, as is currently writing a thesis on the subject. I have not noticed any errors.

### **Miriama Somorovská**

*Child Safety Line*

Our organization Child Safety Line is co-organizer of this conference, so thanks to this I know about this event. I was very interested in valuable and remarkable speakers. On the other hand, I think 10 minutes is very little space for speakers.

### **Zuzana Wirtz**

*University of St. Elizabeth*

I have noticed the conference via e-mail from coordinator. I was impressed the most by very interesting topics from active participants of the conference. Well I missed the getting to the root of the problem, based on prevention.

### **Zuzana Jakolcová**

*A graduate of the University of St. Elizabeth*

I attended the conference last year already, this time I learned about it via email. The conference met my expectations and over enriched me in every way. In the way of organization nor in any other I have nothing to reproach.

### **Student of PEVŠ**

I have learned about the conference through professors. I am most interested in speakers from the Czech Republic, who lectured on international students. I do not perceive any shortcomings.

### **Lubica Černá**

*Catholic University in Ruzomberok*

I have noticed the conference from the website of the University of St. Elizabeth. It was very instructive for me to talk about volunteering. In the way of organization part of conference I do not have any complaints.

### **Marián Hrehor**

*Student of St. Elizabeth University*

For the second year I am helping with the organization of the conference. I'm thrilled that there's a lot more participants than last year. If I have noticed any

deficiencies that could be improved in future years? I would not call it deficiencies; rather those are little things, which always occur in organizing of the conference.

### **Zuzana Rusnačeková**

*Student of St. Elizabeth University*

I know about the conference from school. I am most interested in lecture of Ms. Hájková psychologist. I did not register any shortcomings of the conference.

### **Simona Marcová**

*Student of St. Elizabeth University*

I have learned about the conference and my classmates as well from Mrs. Dr. Bujdová. The most interested for me was the great team of professionals and interesting lectures. As a small shortage I consider chaos of moving between the lecture rooms.

### **Jasmine Hasaničová**

*Student of St. Elizabeth University*

I know about the conference from school. I am most interested in the topic of crisis intervention. I think the conference was very well organized, I did not notice any failures.

### **Imrich Barjak**

*PhD student of the University of St. Elizabeth*

I have learned about the conference through school. I was surprised and pleased with the great attendance. I was very focused on their active performance. Overall, it was high level conference; I would have nothing to complain about.

### **Vlasta Jakušová**

*Teacher at middle engineering school*

I have noticed the conference via e-mail, which we came to school. I really like lectures and poster walls. The only negative thing I see was the later start, but it can be justified by traffic in Bratislava.

### **Iveta Maljariková**

*Secondary school in Myjava*

I have learned about the conference, from direct at the school who has signed up for the conference. The most interested was the solution of socio-pedagogic phenomena in the school environment.

**Denisa Valachovičová**

*Organization of the Children's Fund of the Slovak Republic*

I have noticed the conference in co-operation with the civil association Prima. The most interested was the lecture of Mrs. Mikulajová about dyslexia and about the people who live with its consequences. As a failure I consider the lack of space for speakers.

**Alena Šprtová**

*National Educational Centre of Bratislava*

I have learned about the conference, from the Ministry of Culture. Most that I liked was the lecture of Ms. Kucharova about migrants. In the future, I would improve the time for speakers because they had very small space.

**Dominik Kurina**

*Student of St. Elizabeth University*

I attended conference as a volunteer - photographer. It was very interested by wide range of issues and was surprised by the high attendance.

**Barbora Hortišová**

*Association Strom*

I have learned about the conference from a social network. I really liked the second set of lectures about socio-pedagogic phenomena in families. I noticed a bit of chaos in the organization, that's all I could criticize about this conference.

**Zuzana Hajdenová**

*Student of St. Elizabeth University*

I have learned about the conference in school. I am very interested in lecture on social educator in the family. Also, I really enjoyed the participation of Prof. Šuvada, Prof. Grey and Mr. Heteš. In the future, I would change blending of lectures, enable participants of the conference to be involved in more lectures. A lecture might be also recorded visually, not just by sound as it is now.

**Veronika Krčová**

*Student of St. Elizabeth University*

I know the conference from Mrs. Dr. Bujdová. I was interested in all lectures which I had the opportunity to be. All peo-

ple that I had the opportunity to meet, especially after a long time Prof. Krčméry. I have not noticed any shortcomings; on the contrary, I was very satisfied.

**Martina Feri**

*UCM Trnava*

I have learned about the conference via email. I really enjoyed the entire conference, but especially highly topical issue of migrants. Negative was for me the unfortunately canceled lecture "High school students and their social distance to Muslim."

**p. Majtánová**

*Ministry of Interior*

At the conference, I was passive and active participant. The most interested were issues of poverty and wealth, the opinions of people who are really experts in this issue. I have not noticed any shortcomings; I was satisfied with the whole conference.

**Some of your feedbacks about the conference:****Assoc. prof. Dr. M.Sc. Lýdia Lešková, PhD.**

*Let me thank you for the opportunity to participate in the conference, for the immense help and friendliness that you have showed me, as well as the fact that you have "unlocked" me and that I did not leave it, despite I've been already decided.*

*I'm incredibly satisfied by the professionalism of the organizers and the overall course of the conference.*

**M.Sc. Eva Rabenseiferová**

*I would like to thank very much to the whole organizational and scientific team for yesterday's SPAY conference for wonderful lectures, superb organization and great atmosphere. It was very encouraging to me because I met a lot of people out there who even today can work by their heart and so I think that it is not so bad with this world. I wish you a lot of creative people and all the best.*

**Dr. Monika Miklošková, PhD**

*Thank you very much for all the effort that you gave by organizing this valuable conference, thanks to anyone who is responsible for it and have a nice relaxing weekend,*

**Slávka Džačovská**

*Thank you for a very pleasant atmosphere and enriching program of your conference.*

**Assoc. prof. Jozef Šidlo, MD., PhD., MPH.**

*I greet the whole organizational team and thank you for the excellent organization of a conference which is in Slovakia not even in doctors seen very often. It was an excellent event and we want to encourage you to not stop organizing such a events in Slovakia and Europe even it is many times beyond the human effort, but our society needs a mirror.... and you know how to set it in elegant way.*

**Prof. Vladimír Krčméry, MD., D.Sc., Dr.h.c.PhD., MPH., Prof. Vladimír Krčméry**

*Congratulations to the great attendance, good organization, nice input of artist and reach of valuable speakers nor at a medical conference in Slovakia there*

*are not so many participants what have you got on your conference what is spectacular and the first lecture of Prof. Renner was outstanding.*

*Thanks to everyone and to all of you ad multos annos.*

**Prof. Marián Karvai, MD., PhD.**

*I am pleased that the conference was a success. I've heard about it yesterday from Prof. Krčméry. Congratulations again to great organization. I am glad that you also in this way spread goodwill of our University. I greet the organization team.*

**Prof. Dr. Walter Renner, PhD.**

*Dear organizers of SPAY conference. I want to thank you for the opportunity to stand out as the invited speaker in your unique conference. I felt among you as at home. You are a professional team who would happily handle organizations of this worldwide congress - that I believe. What I want to add is that each year I attend more than 40 conferences around the world, but I have not found yet such a motivated people and perfectly casted program section of conference and effective communication with the organizers as in here. Although it pleasantly surprised me even that it is in Slovakia, because as I mentioned in my lecture, Slovakia is not exactly the "friendly country" to foreigners and innovations. I wish to all of you a lot of success.*




**Paweł Czarnecki**

University lecturer and manager, professor of social sciences, Doctor of Humanities (Post-Doctoral Degree) (prof. dr hab., M.Sc., MBA, LL.M, MPH, Dr h. c.). He has

received his education in subjects including philosophy, theology, administration, management and social work. He is the author of numerous articles and scientific books published in Poland and abroad. Editor-in-chief of the scientific journal "International Social and Humanities Studies - Humanum", member of the Editorial Board of the scientific journal "Zdravotníctvo a sociálna práca" in Bratislava, "Clinical Social Work" issued by the International Scientific Group of Applied Preventive Medicine I - GAP in Vienna as well as "Magazine of Aviation Development" in Prague. Scientific expert in the Czech Science Foundation (GACR) in Prague and in the Slovak Research and Development Agency (APVV) in Bratislava, as well as in "Human Resource Management Research", "Journal of Logistics Management", "International Journal of Arts" and "Education" all issued by the Scientific & Academic Publishing Co. in the USA. Doctor Honoris Causa of the following universities: Czernichowski Technological University in Czernichów, Ukraine, and Krasnodar University of Culture and Arts in Krasnodar, Russia. Member of the Scientific Boards of the following universities: St. Elizabeth University of Public Health and Social Work in Bratislava and the Czech Technical University in Prague.


**Prof. EVA GREY, M.D., PhD.**

Is a Professor of Social Work and the Chair of the Institute of Social Work at St. Elisabeth School of Health and Social Work in Bratislava. She is an affiliated faculty at Panuska College of Professional Studies, University of Scranton, USA. She has published articles on bioethics and ethics in social work, medicine and palliative care. She has participated in international conferences, in Slovakia, the Czech Republic, Austria, Germany, France, Greece, Italy, Turkey and the

USA. Professor Grey was a member of the Slovak delegation at the Fourth World Conference on Women in Beijing in 1995.


**Mariana Mrazova, Prof., MD., PhD.,**

Professional in healthcare. University professor. Field of research focused on the prevention of social pathology among youths. Specializes in parenting education and consultation with pregnant women. Member of a 'Slovak Tropic Team', provides health and social care in refugee camps. Interested about communication in healthcare.


**Jozef Suvada, Assoc. prof., MD., PhD., MPH, MBA**

Pediatrician, childrenoncologist, infectologist and tropicalmedicinephysician, Assoc. prof. of Socialwork (St. ElizabethUniversity), visitingprof at Management University of Warsaw (PL), ImperialCollegeLondon (UK), MakerereUniversity (Uganda) and Christian University of Uganda. He works in humanitarian aid, developing projects, he is a member of European Pediatric Association; Working group for rights of migrants' and refugees' children; he works from 2010 in SIOP-PODC (International Pediatric Society for Children Oncology in developing countries), Cure4Kids (St. Jude's Hospital, US), in MOCHA project (inequalities in health of children and youth in EU), he is vice-president of International AIDS Society for children HIV clinical programs for Africa region and founder of SPAY platform.

**Assoc. prof. Dr. Pavol TOMÁNEK, PhD.**


University teacher, theologian, journalist, catechist... born 1982, graduated (MA., 2004, PaedDr., 2005, Pastoral Psychology, 2008 PhD., 2011 - MA, 2014 PhD., Assoc. prof., 2014, 2016 ThDr. He is an author of 16 monographs, more than 210 scientific, professional, popular-scientific texts focused on issues of family, marriage, education, religion, social pathology, he



has been cited by 200 scientists and experts from various fields of study in national as well as foreign citation indices.



**Dr. Monika Miklošková, Ph.D.**

Assistant Professor, the St. Elizabeth University of Health and Social Sciences, Bratislava, Slovakia, lecturing Social-legal protection of children, Social guardianship, Social work with the family and Social field work. ( Ph.D degree in Social Work Dr. Miklošková took at Trnava University). Her research work focuses on Social pathology within the family and Social pathology within the Institutional care for children and youth. Her published work deals with the Family Protection System, 2013, Families at Risk - Development of the situation of children separated from their families in Slovakia, 2006- 2016, Tools of the early prevention of the Social pathology, 2013, Problematic Behaviour of children and youth, 2015, The reunification of the child with the family - factors influencing the child's return from the institutional care to the family, 2014, 2016, FGC model, 2016, Support of the foster families, 2016.

Since 1991 Dr. Miklošková works with the youth and families at risk, she is a Social Counsellor (individual and family counselling, family therapy), Senior Adviser of the social field workers and member of the expert team for the Society Usmev ako dar - the largest and oldest non-governmental organisation focusing on the Families at Risk, bringing educational programs and initiating the legal changes in the system of the social-legal protection of children and youth, initiating transformation process of the institutional care in Slovakia.

As a member of the European Network of Family Group Conference (FGC) model Dr. Miklošková leads the implementation team of FGC model in Slovakia. She is a member of the professional team mainstreaming the Positive Parenthood as a particular part of the system of education an early prevention of social pathology in the families in Slovakia.

**Dr. Anna Árpová, Ph.D.**

Works at St. Elizabeth University of Health and Social Work since 2010. She obtained Ph.D degree in 2014. Actively teaches daily and ex-

ternal form of study at St. Elizabeth University and its detached workplaces. Dr Árpová gives the lectures at the department of legal disciplines in study program of MHA. Her publications are devoted to the pathology in the family and socio-pathological phenomenon among youth. Therefore she has also produced several research works. Dr Árpová is a main organizer of Conference SPAY, which is held periodically at the St. Elizabeth University in collaboration with the Pan European University and Warsaw University Management.



**PhDr. Nataša Bujdová, Ph.D.**

Graduated at Comenius University in Bratislava, Faculty of Education, Department of Social Work in Bratislava. She works as a university teacher at the St. Elizabeth University of Health and Social Work in Bratislava, Department of Social Work, full-time study. She works as a supervisor and mediator in the social sphere. She is a volunteer in a low-threshold facility - day center "Domec", which deals with homeless people and offers social help for homeless people. She is also volunteer in Ukraine, in the new center - "Youth Center", located in the Zaporizhia region.



**PhDr. Jana Tretiaková (Adamcová) Ph.D.**

Graduated in Sociology from Trnava University in Trnava. During Ph.D. study in social work at St. Elizabeth University of Health and Social sciences (SEU), participated in several research and foreign developing missions (in Ethiopia, Kenya, Azerbaijan). She has been working as lecturer, after she had obtained a Ph.D. from Social Work in 2009. She is a part of a Tropical Team Slovakia as a coordinator of volunteers for humanitarian and development projects and she manages projects in Rwanda. She is involved in work dealing with humanitarian aid, development assistance, qualitative research, and volunteering. She participated as a researcher in following projects: In 2008 for Austrian development agency, research study: Job prospects of

the youth and the needs of the employers in Baku. She worked for National Youth Institute in 2009-2010 as external evaluator in project Monitoring of Youth in action - Evaluation impacts of projects focused on youth with lack of opportunities and in 2011 as assistant in Komprax research: Transition to adulthood of youth with health disabilities and related social factors.



#### **Jaroslava Poloňová, PhD.**

Works as a lecturer at the Social Work Department of the Institute of Social Sciences and the Missiology Department of the St. John Paul II. Institute of Missiology and Tropical Health, St. Elizabeth University College of Health and Social Work. Her professional practice focuses on the area of social pathology, especially for victims of violence, as well as missiological issues of the new evangelization. She has several years of practical experience with the missionary, social and charitable work with people experiencing social exclusion in Slovakia, Italy, Great Britain as well as in chosen countries in Sub-Saharan Africa. She had a short experience with humanitarian aid to people fleeing in border areas. The last 5 years she has given the practical support to homeless people in project of St. Elisabeth University in Bratislava.

Contact: j.polonova@gmail.com



#### **Kostrica Dymitr**

University lecturer medical doctor specialised in neurology, (MD, EMBA) I received my medical degree from the State Medical University at Lviv, Ukraine and board certified in neurology.

My special interest is are neuroscience and neurological disorders, as well as rare neurological diseases i.e. niche indications e.g. Devic's Disease, myasthenia gravis. I have a wide clinical research experience. I have had a 8 years of clinical experience in Neurological Clinics of Warsaw medical University and a member of international medical associations.



#### **MSc. Stanislav Špánik, PhD.**

Graduated at Faculty of Social Work, Trnava University, Trnava, obtained the MSc degree of the Social Work, 2007. Postgraduate education was Pedagogy at Trnava University, Trnava, obtained the PhD. degree, 2014. His recent appointments are university teacher at St. Elisabeth University of Health and Social Work, Bratislava and Pedagogy specialist at Diagnostic Center for youth, Bratislava-Záhorská Bystrica. Main research and work interests are Social pathology of youth, Inclusive education students with disability, working with youth in risk, youth with behaviour disorders and from social disadvantaged background. Among important other activities he served as Editor in chief of "Bonitas".



#### **MSc. Barbora Kuchárová**

Is private clinical psychologist, therapist, supervisor, mediator and teacher. Since 1993, she is doing with the drug users, sex workers and homeless

peoples and as trainer the Council of Europe in the field of drug demand. Together with friends, she founded the first self-help group for codependence, the first outreach project and the Drop in centre. She work with clients, who are the victims of domestic violence and with refugees. In preset time she is, Executive Director of C.A.PRIMA.



#### **Zsolt Mánya, LL.D. Ing.**

Lawyer, auditor, IT technic, web designer, IT security specialist, translator and interpreter and father of three Childrens. His work is focused on family law, reasons of

divorces and quality of life the childrens after divorce, crime law - reasons of criminality, prostitution etc. One of the founders SPAY platform.

## Warsaw Management University

Warsaw Management University, established in 1995, is one of the oldest private colleges in Poland. It has a large amount of experience, over 40,000 graduates, one of the highest levels of international teachers and research staff and students in the country and it has been placed high in national rankings. It focusses on multi-directional development and education by teaching highly-qualified personnel destined for innovative business and society. Warsaw Management University has over 6,000 students enrolled in full-time and extramural studies in 10 major courses toward first- and second level degrees and uniform master's studies (administration, national security, finance and accounts, information technology, pedagogy, law, psychology, international relations, management and production engineering) as well as post-graduate studies, which are conducted at its main facility in Warsaw in the suburbs of Praga Północ and Ursus as well as at external campuses in: Ciechanów, Białchatów and Karvina in the Czech Republic. Thanks to its highly-qualified and experienced academic and teaching staff, the University is completely trusted by students. Its educational portfolio is continuously being expanded by adding new major fields and specialisations according to the demands of the labour market. By expanding its range of courses, it creates opportunities to study in foreign languages or to learn them at the highly-respected Foreign Language Centre of Warsaw Management University.

Warsaw Management University runs an exclusive Executive Master of Business Administration post-graduate course in cooperation with a university in London. Warsaw Management University actively cooperates in the international arena with other academic centres, e.g. in the Czech Republic, Slovakia, Ukraine, the United States, France, Malta, Bulgaria, Germany, the United Kingdom and Russia. It actively participates in the social and economic life of Poland by organising numerous con-

ferences, both national and international, supporting charities and sports organisations and operating as a patron of culture. The University supports the activities of: the Students' Government, the Independent Students' Union, student societies, the Alumni Society, and the Career Centre. To stimulate development and to ensure the comfort of its students, Warsaw Management University creates scholarship and social support programs and participates in the Erasmus programme. The School also operates the elite Secondary School at Warsaw Management University and Wydawnictwo Naukowe im. Prof. Leszka J. Krzyżanowskiego (the Prof. Leszek J. Krzyżanowski Academic Publishing House).

Warsaw Management University's campus is one of the most modern academic facilities in Poland. Apart from its extensive academic and teaching capabilities, it also offers such facilities as a concert hall capable of seating 550 people, a sports complex (indoor swimming pool, sports centres, and a gym), The Student House which can accommodate up to 300 students as well as a library and dining facilities. The University has always greatly supported valuable initiatives which help the local community and support the economic development of Masovia and other regions of the country. The activities of the Warsaw Management University are an example of the high standard of the Polish private sector higher education and a showpiece of the Masovia Province.

Warsaw Management University offers its prospective students exceptionally favorable conditions to study in the Campus of the Third Millennium. It is a well equipped architectural academic complex housing numerous lecture rooms, laboratories, computer rooms, and language laboratories.

The University complex features also recreational facilities, such as a modern

swimming pool, a sports hall, and a gym. In the building there is a buffet and a large cafeteria. Reasonable prices and good menu should satisfy even those difficult to please. Student dormitory accommodates 300 students in single, two-person and three-person rooms as well as suites. All the rooms have access to the Internet. An underground car parking is available for a reasonable price.

#### Graduate studies:

##### Master's degree programs

Law  
Administration  
Management  
Pedagogy  
Psychology

#### Undergraduates studies:

##### Bachelor's degree programs

Administration  
Management  
Finance and Accounting  
Pedagogy  
European Studies  
National Security  
Engineer's degree programs  
Computer Engineering  
Production Management and Engineering





**prof. Ing. Paweł Czarnecki,  
PhD., MBA, LL.M, Dr.h.c  
HM Rector of Warsaw Management  
University, Poland**

**1. You are young, successful, ambitious man and professor, winner of numerous awards and honorary doctorates, working in management as well as in the humanities. What do you consider as the success of this personal growth?**

Thank you, nice to hear such opinion. Everyone has a different idea of what it means to be successful. Personally I assume that self-knowledge is one common and complex goal that will help everyone achieve personal success. So many people are relay on somebody else's ideas of what it means to be successful. Most of them are unaware of what is important for them. I always believe that, being an openminded person helps to see a bigger picture. That's why emotional agility is so important for me. We all have important influencers in our lives. My main influencer was Pope Saint John Paul II. Our University have a special affinity with the Holy Spirit and the most famous in the history of the world pole. University was personally blessed by the holy pope, and in the commemorative book of the university we have his personal blessing the academic community of the university. St. John Paul II is a great example of combining spiritual life, science and management, and for me personally he is a great authority. It's important to recognize that the discrepancy between what we have been taught is truly important and what we personally believe to be truly important to achieve our goals. Realizing what is really important to me was a major step towards achieving personal success. Each success is redeemed great work and commitment. Ability to cooperate is very important also, as well as the courage of decision making more over to have determination in their implementation. It requires work on each other, and often sacrifice personal life.

**2. What is the mission and vision of the Warsaw Management University, where you active as a rector?**

We focusses on multi-directional development and education by teaching highly-qualified personnel destined for innovative business and society with spirit of universal human values, where the most important is a respect for human dignity. This year we started 22nd academic year, and the number of graduates is over 60 000. We are having 78 programs master, Bc., Ing, MA, and students from Poland, Ukraine, Great Britain, Georgia, Slovakia and the Czech Republic. We are currently on 19th place in the ranking of universities in Poland (380 universities). As the University - have many plans, and a lot of to be done.

**3. You are one of the founding fathers of co-operation between Warsaw Management University and the St. Elizabeth University of Health and Social Sciences, can you tell us more about the formation of this partnership?**

Cooperation with St. Elizabeth University of Health and Social Sciences would not have been possible without the personal commitment of the President of prof. MD. Vladimir Krcmery, Dr. Sc. Dr. H. C., for which the Senate of Warsaw Management University admitted him the highest academic title of a professor honoris causa. University cooperation accomplish not only educational or research proposes, but also it is deemed to be involved on all continents social projects in the spirit of Christian help his neighbor - is an honor for us. Currently, cooperation between our universities is carried out mainly through joint academical programs, research projects, publications, students mobility,



teaching and also scientific conferences, as for instance, the closest will be in Warsaw. I believe that we have many others areas of cooperation that step by step we will jointly explore, and fulfilling the commitment.

#### **4. Where should the social work head to be in Europe?**

In my personal belief, experience and observation, I can say that in the Slovak Republic, and St. Elizabeth University of Health and Social Sciences in Bratislava is not only a place for theoretical scientific inspiration for social work, but also as a place where practical actions performed. This initiatives are well known in the different parts of the world.

#### **5. Where do you see the perspective of social work in Poland and prevention of increase in socio-pathological phenomena among young people?**

It should become one of the universities task. Unfortunately, it is not. This is a challenge which we try to discover. University can not only provide educational services at the highest level. It have to form a human, in the spirit of values, which help to present all the truth about him, about his dignity and a place in society. We try to pattern St. Elizabeth University of Health and Social Sciences in Bratislava, make this task. I treat it as the university mission. In time of tenure rector, I ordained chaplain for students Roman Catholic and Orthodox academic priest for students. Each academic year, we begin together in our community of professors and students at Holy Mass.

#### **6. How do you see the possibility of cross-border academic or other cooperation between Poland and the Slovak Republic?**

I do not see a major deficiencies in cooperation with the Slovak Republic. We are in a very good relationship, extremely well-wishers, we have the same group of languages. I can boldly argued that Polish scientists most often links with academic institutions of the Slovak Republic, and

that is cooperation is very dynamic and effective. I see only positives and mutual benefits for our countries in the future.

#### **7. Where do you see the increase of socio-pathological phenomena in the current generation of young people, and what do you consider as a possible effective intervention?**

As we know contemporary social reality characterized by many changes, which have a huge impact on the life of the person, on it's social functioning and relation to the surrounding world. We observe that, among many positive social change are becoming increasingly frequent phenomenon of socially pathology. Young people often have problems in distinguishing these changes. They are not sure whether a change can be classified as hazardous or positive. Certainly this phenomena particularly dangerous occurring in modern life such as: early abandonment of school, running away, vandalism, aggression or abuse of alcohol or drugs. Such behaviors are referred to as a manifestation of social pathology. From my own observations, we can notice an increase in such behavior. We could se going tendency of this type of behavior appear in a children. Statistics shows us clearly that the number of offenses committed by minors is constantly growing. All these factors are associated with the weakening of local ties, or the impact of public opinion on the unit. It has it's consequence, because they create a lot of difficulties in the process of adaptation for changes of the conditions and requirements of life.

#### **8. Can you reveal us if you had or have any addictions and how do you manage them or how do you keep them under control?**

Unfortunately, I have to assert that I work too much. I try to achieve a work-life balance, by planing my day. I'm not a workaholic, I love the work, professional activity and being involved in our projects. I feel enormous satisfaction with the effects of actions. Acting as rector - manager in the private university requires a

great deal of responsibility and often remain in the so-called "Stand by" almost 24 h. In my quasi addiction are air travel :), this year I has flown 78 flights already.

**9. You are a long-time member of the editorial board of the journal *Health and Social Work in Bratislava and Clinical Social Work*, how do you perceive progress of those professional journals?**

It's an honor to be a member of the Program Council of specialist scientific journal between excellent scientists and experts from the area of social work, medicine, and public health of international -range. Deserves attention not only to the whole process of review articles and their high scientific merits, but also professional layout and somehow graphics and publishing. I believe that this issue us a short time when the magazine obtain the IP (impact factor).

**10. International conference SPAY, which is this time (for the 4th time) organized at your Warsaw Management University and has already become a tradition in many profession fields. What would you wish this conference for the future?**

This conferences is tremendously important for international cooperation in the field of social pathology. I believe that SPAY become a cross talk platform, between academic society and social workers. I also hope that this conference will be an important voice in Poland to discern more over I develop issues of social pathologies, which are often shameful and concealed theme also for such a large country like Poland. Big interest in the conference, the number of reported papers already proves that this subject matter.

**Thank you for the interview.**



# Conference SPAY 2017: 16.03.2017

## Themes:

Criminality among youth and sex industry

The causes and circumstances of suicides  
in children and adolescents

Pathology of the family or the family in pathology?

Sociopathic phenomena of migration



# Informations about St. Elizabeth University of Health and Social Work Bratislava

St. Elizabeth University of Health and Social Work was founded as a private school in 2003. It is the oldest and the biggest private school in Slovak republic. Recently the school attends 9000 students. The school is built on principals of Christian spirit and humanism and its commitment is to act on basic principals of christian health etics in service for sick and poor with no difference based on nationality or confession.

The school supplies education, scientific research and education and practice for students as well.

In September 2003, St. Elizabeth University of Health and Social Work received accreditation from the National Accreditation Committee of the Slovak Republic for seven programs of study: nursing, laboratory medicine, health administration, dental technology, social work, clinical research and public health. Since then the number of educational programs has expanded. The study is organized in form of full-time and part-time courses of study at the Bachelors degree (BSa), Master degree (MSc) and Doctorate degree (PhD.) levels.

The recent accredited study programs:

Medical Technology (MSc) - Part-time study

- Medical Technology (PhD) - Full-time study
- Radiology Technology (BSc) - Part-time
- Nursing (BSc) - Part-time
- Nursing (MSc) - Part-time
- Public Health (BSc) - Part-time
- Public Health (MSc) - Part-time and Full-time
- Public Health (PhD) - Part-time and Full-time
- Rehabilitation & Physiotherapy BSc & MSc) - Part-time
- Social Work (Bachelors) - Part-time and Full-time
- Social Work (Masters) - Part-time and Full-time
- Social Work (PhD) - Part-time and Full-time

- Health Administration in Public Health (MSc) - Full-time & Part-time
- Clinical Research (MSc & PhD) - Part-time
- Tropical Infection Control (MSc) - Full-time & Part-time
- Missionology (BSc & MSc) - Full-time
- Sociology (BSc & MSc) - Full-time
- Psychology (BSc & MSc) - Full-time

St. Elizabeth University of Health and Social Work was accepted in the year 2007 with in signatories of Magna charta of University of Bologna, in 2011 was accepted as a regular member of EUA - European University Association, in september 2012 the St. Elizabeth University of Health and Social Work passed through international accreditation.

The study program of Health Administration in Public Health (MSc) organized in full-time & part-time is organized in cooperation with University of Scranton, Pennsylvania/USA. The study program is in Slovak and English languages as well.

## **The humanitarian, missionary and scientific projects of the St. Elizabeth University of Health and Social Work**

Thanks to the extensive efforts of social workers and doctors as well as heavenly and earthly patrons, St. Elizabeth University of Health and Social Work is able to help with more than sixty humanitarian and development projects. The aid is focused primarily on health care, education and social work. The humanitarian projects are now running in 25 countries on 5 continents,- Kenya, Eldoret, South Sudan, South Darfur, Burundi, Lesotho, Rwanda, Tanzania, Chad, Uganda, Haiti, Vietnam, Cambodia, Ukrain, Lebanon and others. The programs are:

- 5 resocialisation facilities for children of the street
- 7 children's homes with provided HIV treatment
- 6 children's homes



- 15 clinics, hospitals and other health care facilities
- 5 anti-malnutrition centres
- 7 university programmes abroad
- 4 elementary schools
- 3 asylum centres
- 1 HIV diagnostic centre
- 1 humanitarian project
- 7 other projects

## Other activities of St. Elizabeth University of Health and Social Work

**Student blood drop** – is organized by St. Elizabeth University of Health and Social Work for the third year in november. On 25th of november 2014 were more than 30 students voluntary blood donors

**University Journal BONITAS** – the first volume started as e-publication (december 2014) and first issue was printed in february 2015. The journal is a platform for the broad spectrum of different publications, it is opened for all students, teachers and co-workers in interdisciplinary scientific fields and also for co-workers from detached departments. The main goal of the journal is to inform all students, teachers and all young people who are interested to be the students about all important programs, scientific and humanitarian activities of St. Elizabeth University of Health and Social Work. The journal is submitted to all christian schools and many high schools. The journal is issued six times during the academical year. There are also scientific articles published in the journal, and it has ISSN.

**Children University** – was realized as a pilot project by St. Elizabeth University of Health and Social Work in cooperation with the Line of children safety during spring vacation in march 2015. There were very positive references about the project from parents and children as well and it is planned to continue in the

project. The booklet was published and would be used as an information material for future for interested children and their parents.

**Students scientific activity** in social work is organized for almost 10 years for students of social work in whole Slovakia. In the academic year 2015 St. Elizabeth University of Health and Social Work is hosting 11th year of this students conference in 3 categories: 1. Theoretical (Bc. degree); 2. Research (Mgr. degree) 3. Project (Bc/Mgr.degree).

## International scientific conference SPAY (Social Pathology Among Youth).

St. Elizabeth University of Health and Social Work is organizing in cooperation with Paneuropian school in Bratislava and other partners (Gliwicką Wyższą Szkołą Przedsiębiorczości w Gliwicach, Poland, Wyższa Szkoła Menedżerska w Warszawie, Poland, Ministry of health of Republic of Uganda, Eotvos Lóránd Tudományos Egyetem Budapest, Hungary, Health Initiatives Association, Slovak catholic charity) International dialog on aspects of social pathology among children, adolescents and young adults.

There are many interesting international scientific and research projects, which are original in their fields. There are many international cooperations with universities around the world as St. Jude (USA), Baylor's college of medicine (USA), Makerere (Uganda), Martiers' University (Uganda), Wyższa Szkoła Menedżerska (Poland), Gliwicką Wyższą Szkołą Przedsiębiorczości w Gliwicach (Poland), Karolinska Institute (Sweden), Eotvos Lóránd Tudományos Egyetem (Hungary) and cooperation with humanitarian organizations as Line of children safety or Bureau of world health organization. There are many interesting preventive, diagnostic, interventional, therapeutic and research programs performed in these cooperations.





## Project for vulnerable children in Uganda

Health Initiatives Association (HIA) is an international organisation with clear vision, mission and objectives. HIA operates in Uganda (mostly in Buikwe District in Central Uganda), in Slovakia and since January 2016 also in social field for vulnerable children of refugees in Lebanon. The overall goal of HIA is to contribute to the present efforts in the country that are aimed at quality life, self-worth and hope for bright future for HIV infected, living with cancer and abused children, adolescents and other vulnerable and marginalised groups of youth.

I will introduce you more project for vulnerable, abused and HIV-infected or children living with cancer or other chronic conditions or those in need of palliative care in Uganda. The headquarters of HIA activities is John Paul II Children's HIV/AIDS Clinic which is located in Buikwe district. It is already well known for specialized and complex HIV, cancer and other comprehensive care provided to HIV infected children and their families. The important fact is that this care is provided completely for free. Social program, community program, children's prevention program, youth corner and income generating activities together build a holistic approach.

Health Initiatives Association started as a Community Based Organization in July 2012 in Buikwe District. Later on HIA has been registered as a Local NGO on 19th April 2013 by National Board of Non-Governmental Organisation under Registration Number 9826. Health Initiatives Association is sister organization of Health Initiatives Association in Slovakia and collaborates with St. Elizabeth University of Public Health and Social Work in Slovakia.

Health Initiatives Association operates in Buikwe District, Kibuku District, Luuka District and Ngora District. However the main activities are conducted in Buikwe

District. Buikwe District is a district in the Central Region of Uganda. Buikwe District was created by Act of Parliament and it commenced operations on 1st July 2009.

Basic statistics of Buikwe District:  
Population projection (2015): 513, 317  
Change: + 2.87%/year  
Area: 4,974 km<sup>2</sup>

Buikwe District as a part of Central 2 region can be considered according these statistics from Uganda AIDS Indicator Survey 2011. Prevalence of HIV in Central 2 sub region is higher than national prevalence indicator around 8%.

### The Vision

Quality life, self-worth and hope for bright future for HIV infected children, adolescents and other vulnerable and marginalised groups countrywide.

### The Mission

To achieve our vision through high quality and complex health, social, psychological and spiritual services for children, adolescents and targeted vulnerable groups.

To bring them hope for better future by improvement of their health status and human treatment.

To build their self-confidence, to support the education and to open the way for better future without stigma or without aside position.

**Motto:** *Raising Hope Again*

### Aims and Objectives

The overall goal of HIA is to contribute to the present efforts in the country that are aimed at quality life, self-worth and hope for bright future for cancer, HIV infected, abused, neglected children, adolescents and other vulnerable and marginalised groups countrywide. The fore-mentioned goal is operationalized through the following specific services:

## Program's key aims:

1. High quality paediatric HIV/AIDS care services in Buikwe District
2. Family approach
3. Delivery of HIV/AIDS services to rural areas
4. Prevention at children and adolescents
5. Education and psychosocial support of beneficiaries
6. Chronic Care Program
7. Children and adults cancer (prevention and dg/comprehensive) Program
8. Palliative Care
9. Comprehensive care for abused and neglected children living in or with social pathology

## Some activities of Health Initiatives Association in Uganda

### Children's HIV Clinic

Children's HIV clinic is a pilot project of specialized paediatric HIV care in rural part of Uganda. It is located in Buikwe district, Lubani. Children infected by HIV virus and their families are offered quality HIV care by well-trained HIA staff here.

All services including HIV care, ART provision, OI treatment, laboratory tests, counselling, nutrition support, psychosocial and spiritual support are offered to HIA HIV clients for free. Family atmosphere and friendly environment together with high quality comprehensive HIV services is the core stone for good relationship and satisfaction of clients.

### Mobile Clinics

There are two mobile clinics operated by HIA. One is in the town of Najja and one at Kayanja primary school. These two places have been identified with high prevalence of HIV and the people were too poor to travel to our headquarters in Buikwe. So HIA team goes two times in a month to Najja and once to Kayanja to bring the HIV services and treatment to these places.

### Outreaches and Home Visits

Community outreaches are conducted on regular basis at least 4 times in a month. Outreach activities include HIV

testing, Syphilis screening, Tuberculosis screening, Hypertension screening, deworming. Health talks are mostly focused on HIV and other STI prevention, TB prevention, positive living and reproductive health package. The sites for outreaches are chosen on demand of community members. HIA focuses children's HIV care and prevention that's why occasions as parent's days at primary schools are always considered to be good opportunity to screen also children in the presence of care takers. Public events as sports gala or football match can also attract more people for VCT. Home visits are conducted mostly because of three reasons: bedridden clients, monitoring of socio-economic background, to recover lost to follow up clients

### Children's Preventive Program

Program for smaller children every Wednesday is based on interactive approach through games, dance, story-telling creative lessons under supervision of paediatric counsellor. Topics as e.g. basic hygiene, malaria prevention, other communicable disease prevention, relationships between children and adults, children rights are discussed.

### Youth Corner

Youth corner for adolescents is happening every Saturday. This program is already more focused on reproductive health, healthy living, planning for future. Forming of groups within young people appears very effective in prevention of HIV transmission. This program has already 28 peer educators who help spreading the information and awareness effectively among the class mates.

### Social program

Health Initiatives Association is targeting orphaned, vulnerable children and other marginalised groups. 211 individual clients have been enrolled under HIA social program by the July 2016. The majority of them have been supported by payment of school fees and school requirements. There are also clients supported in specialized medical or diagnostic intervention. Some clients are support-

ed for transport costs for regular check up by doctor at HIA clinic. Single support for emergency situation (abused child protection service, OVCs = orphaned and vulnerable children support, food support, transport, X-ray, admission to hospital) was provided for children and youth 176 times only in 2014, 180 times in 2015.

### **Income Generating Activities for clients**

IGA for HIA clients were initiated in March 2013. Unemployed clients able to work a bit were supported by seeds of maize, cabbage, tomatoes, and pepper for farming program. Those clients with worsen conditions were given 4 hens and 1 roaster per family to bring some small income to their household. Rearing of chickens, goats and piglets can help to improve economic and even nutritional status of the family. All of beneficiaries of IGA are aware of the fact that it is necessary to help also other needy clients. So they signed an agreement with HIA to bring back the same amount of animals as given after certain period of time to continue the chain of IGA to other vulnerable families.

Three groups of people living with HIV were supported in fair trade with jewellery and other crafts, in poultry farming and in crop farming. They have their own VSLA. New comprehensive care Clinic in Lubani On the November 4, 2016 we opened new clinic which was constructed by local constructors and fundraising was provided by individual and group donors from Slovakia and Czech Republic. We are very proud to introduce new era of social and clinical comprehensive services for marginalized, stigmatized, vulnerable, abused and neglected children and adolescents.

If you are professional (in any area linked to social pathology and developing aid) and you would like to join this international vision of HIA, please don't hesitate and contact us for more information at: [hia.slovakia@gmail.com](mailto:hia.slovakia@gmail.com) or our web page: [www.hia-slovakia.eu](http://www.hia-slovakia.eu)

*Jozef Suvada  
(Executive director  
of Health Initiatives Association)*



# Dormitory Mea Culpa

## • Social reintegration activity



Dormitory Mea Culpa provides services on base dormitory for homeless adult men and women, who have become shelterless since January 2004. The capacity remarks 36 beds (28 male, 8 female). It was initially operated seasonally in the winter months, from May 2006, dormitory works in the year-round operation. During monthly terms (in winter

eliminate or mitigate the negative habits or behaviors the client and its integration into the social framework, family, working team. Aid should be granted at a realistic assessment of client opportunities in the labor market and its optimum application.

## Social prevention

It includes social reintegration activities (maintenance of a regular schedule of catering, daily cleaning of the dormitory under an organized schedule), educational and recreational activities (regular spiritual service, summer soccer training, social events, a Christmas trip to Malacky coupled with a tour of the ancient Franciscan monastery and theater performance of nativity scene) and the



bimonthly) dormitory offers each of its clients the possibility of hygiene, clothing, riding and meals (breakfast + dinner) and lodging for fee 1,- € /night. These services are provided at the time from 4 PM until the morning 8 o'clock. The condition is total abstinence from alcohol and other drugs. Univesity employers and volunteers organize social care that is provided in the form of social services, counseling and prevention.

## Social services

Consists in providing assistance in obtaining the documents, job opportunities, social benefits, pensions. Also, assistance is provided in case of interest about the accommodation facilities of higher standard.

## Social counseling

is provided in the form of consultations to

search activity (Univesity employers occasionally deployed outside the dormitory to prevent or alleviate the unfavorable situation of people in social exclusion).

## • cultural programmes



PhDr. Mgr. Art. Róbert Kováč, PhD.  
Head of Dormitory Mea Culpa

## Prima CBO

PRIMA association started work in 1998, it is non governmental association associate professionals and volunteers, who are working in a field of drug addicts, especially in primary prevention and Harm reduction (reduction of harm of drug use).



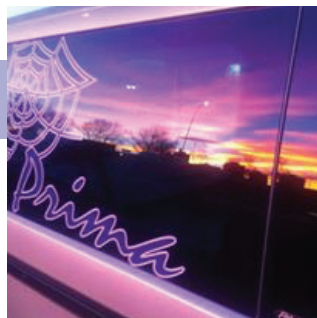
Main goal of our work is to mineralize health and social risks unite with drug use and prostitution and not only in population of our clients, but also for their social surrounding.

Objectives of our work are:

- Reduction of risky behavior of IDUs (we teach them how to use all of provided injection equipment and disinfecting material, we give them information and educational materials, safer sex - how to use condoms and that they need always use condom)
- Reduction of infectious disease
- Easy access to health and social services (also continue work with positive persons)
- Specific population of IDUs to be targeted
- Search HIV or hepatitis positive persons (we can go with them to medical center and there they can do tests on HIV and hepatitis for free).

At the same time we want to establish contact with the target group and motivate them to treatment and than abstinence.

In the end of year 1998 we realized first qualitative study in the hidden population of drug users, in cooperation with RE, Pompidou Group and UNDCP.



### Main activities of PRIMA NGO

- Voluntary testing and counseling (in co-operation with the National Medical Center in Bratislava)
- Information, communication and education our clients (we made for the clients our own brochures, we discussed with the clients and also we cooperate with some other institutions)
- Providing easy access to health and social services (in cooperation with Clinic for the rising generation in Bratislava)
- Reaching out to injecting drug users - Street work and Contact centre
- Providing sterile injection equipment, disinfecting material and condoms



- Sexual risk reduction/behavior change (last three activities we realize on the street work and we also look for clients in our practice)
- Peer education (Groups of drug users, we want to create Interest group of drug users)
- We are also active in the field of primary prevention.

Other activities provide to our clients in range of project:

- Distribution of clients - in range of working



net work of health and social institutions (testing of clients on HIV and hepatitis, distribution of clients into the network of healthy institutions).



Counseling service - they are always two outreach workers on the street work, who do exchange and provide other equipment and one outreach worker is like counselor. He tries to make contact with the clients and he is concerned about their actual situation and their problems. We provide law, medical and social counseling in cooperation with our external co-operators.



Informational and training service - during the needle exchange we teach clients to more safely use of drugs and secure sex, we motivate them to change in their behavior in course to low risky behavior.

Program of basic medical intervention on the street work- this service provide our outreach workers right on the street. Mostly street workers must examine abscesses, flagons, etc.

Program of social assistance - we inform our clients about other services, which they need, but mostly they didn't visit any institution, because they are in social isolation and don't know how to communicate with those institutions or they have bad experiences with these institutions and that's why they are not motivate to visit them or they can't go inside the institution. In range of social they are in social isolation and don't know how to communicate with those institutions or they have bad experiences with these institutions and that's why they are not motivate to visit them or they can't go inside the institution. In range



of social assistance program our workers go with clients to the medical doctors, police, of-fices and help them to deal with the different issues. In this time we have lot of clients who are interested in the blood testing on HIV and hepatitis and also some sexual disease. This program we realize since the end of the year 1999. We evaluate this very positive, because in the beginning of the program only few clients interested in testing and visiting medical doctors or other institutions.

*Mgr. Barbora Kuchárová  
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## Diagnostic center for youth in Bratislava - Záhorská Bystrica

**Diagnostic center for youth in Bratislava - Záhorská Bystrica** is special educational facility that carries out diagnostic, therapeutic and educational care for adolescent who have been by court imposed the interim order - educational orders or are in DC at the request of the child's legal guardian. Diagnostic Center is high quality professional facility, providing assistance not only to children but also their parents and other legal representatives of facilities which further ensure the adequate development of boys. It provides development and education, assistance in re-education, counseling in intervention process in professional special pedagogical, psychological. Most often primary schools seek our professional assistance, special primary schools, secondary schools, orphanages, department of socio-layer protection of labor offices. A priority task of the diagnostic center is a comprehensive diagnosis of boys age of 15-18 years. There is capacity of 23 clients, divided into three educational groups. DC was established



in 1963, from that year until today there were 4565 boys. The most common reason for placement in the diagnostic center are truancy, roam, crime - especially theft, behavioral problems at school and at home, behavioral disorders of various kinds, aggressiveness. Other reasons are usually: breaking the rules in orphanages, inappropriate home environment, addictions and other social reasons.

### Some activities - projects

**BIBIANA** - The national competition of artistic creativity of children from re-education and diagnostic centers. This project is interesting particularly in personal approach of teaching staff and children. Children who are placed in long-term institutional care are able through the artistic shows by drama, dance, singing and art can submit a statement about their worries and their dreams as well. This form of competition affects the children also therapeutically.

Summer vacation in Liptovský Ján is another of our successful projects that is interesting in terms of boys learning social competence in natural conditions. During his stay, the boys learn how to manage various difficult situations. This stay is focusing on hiking, rafting and variety of outdoor activities.

Since 2008 we organize international conference the "Crossroads". Conference will bring together special educators, psychologists, social workers. Institutions especially orphanages, re-education and diagnostic centers, special pedagogical counseling centers, primary schools from the whole Slovakia, colleagues from the Ministry of Labour, Social Affairs and Family, county offices - Department of Education, as well as academics from Slovakia from the Czech Republic, Poland.

Diagnostic Center is since 2009 also a training center of St. Elizabeth University of Health and Social Sciences in Bratislava. In addition to students of SEU our facility attend also students of the Police Academy in Bratislava, Comenius University in Bratislava, Trnava University and Masaryk University in Brno.

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# Úsmev ako dar

...aby každé dieťa malo rodinu

The Society of Friends of Children from Children's Homes **Úsmev ako dar** has performed systematic activities in Slovakia for almost 35 years in order to protect the family. Our vision „...so that every child has a family“ aims to fulfil the basic needs of every child. The main objective is the support of the family and protection of children's rights. We try to advocate and enforce this objective by educational activities, legislative changes, transformation of alternative care system and public care of children and families in crisis, by direct support and assistance to the marginalised groups, families in crisis or young care leavers.



We actively propose legislation changes, educate professionals working with children and their families, we are active in the field work and provide practical aid to biological families, which are at risk of separation of their children, or from which the children have already been separated. In doing so, our work is based on the long-term researches, we have performed since 2003.

The most significant projects of **Úsmev ako dar**:

## Children's Homes Transformation

In the past, the social and legal protection of children was mostly executed using the institutional form, which did not ensure



fulfilment of the needs of children and did not prepare them for the real life. That was the reason why we initiated and implemented in 2001-2006, as a partner of the state, transformation of children's homes based on the model of family care. The basic philosophy was that the children's home must be only a „changing station“ on the way from one to the other family. If the child is already placed in the institution, he/she must be only placed in one institution (in the past a child lived on average in 3.98 facilities before reaching adulthood).

## Work with families in crisis - Centres for families

Based on the knowledge of irreplaceability of the family as a basis for healthy child's development, we actively participate in family empowerment in case of the children placed in public care. Until now we have built 4 model **Centres for families DORKA**, which are the first in Slovakia providing field, ambulant and residential social services under one roof to families in a serious or crisis situation. Thanks to these centres, children did not have to be traumatised by separation from the key relation person and placed to children's homes,



crisis centres and stay (in case of need in protected housing) with their families. Our centres providing complex care to families in crisis became a model for opening similar centres in every region in Slovakia, which will be proposed by the amendment to the Act on social and legal protection of children. Annually we provide the support and targeted help, social counselling and crisis intervention to more than 400 families.



### **Family Group Conference model - empowering the natural social network of the family**

During the healing process and during the empowerment of the family support network, since 2006 we have been using a very effective model of work with the family - **Family Group Conference**, which is a part of the Restorative Practices. FGCs selectively network the support system around the particular child and her family, initiate searching the optimal solutions and open the real possibilities for positive change in the families, also those who live in long-lasting complicated relationships. FGC activates the family network directly, prevents inadequate or late interventions of the overloaded employees of the Social and Legal Protection, children at risk and their family gets the needed support, as well as the focused help, the best plan for the child is being developed based on a team work principles.

### **Educating and networking of professionals**

**Since 2000** we have organised regular educational activities (workshops, seminars, trainings, conferences) for professionals working in the system of child and family care (social workers, judges, doctors, psychologists, pedagogists and other cooperating profes-

sionals) to provide them with the information about the issues, they professionally deal with, about the newest trends and results of researches in the field of social work. At the same time, we network those experts to facilitate the joint work on new approaches and basis. Annually, more than 2,000 professionals participate in our events.

### **Preparation and guidance of professional and foster families**

We prepare and guide foster and professional families. We offer them knowledge and professional background, thanks to which they have a higher chance to handle long-term care of children who are often affected by deprivation, suffer behaviour disorder, attention disorder, etc., which requires the professional support. Annually we train and guide more than 200 foster and professional families.

### **Legislation initiatives**

Úsmev ako dar is one of the leading non-profit organisations in the social field participating in motivation of lawmakers towards the system improvement of life conditions and legal frameworks for helping the individuals and families in crisis. We have succeeded in enforcing several dozens of concrete needs and requests from the field to legislation acts, such as Act No. 36/2005 Coll on the Family.

Other projects: Angel programmes – a tutor programme for endangered child, scholarships for children from a disadvantaged environment, development activities (sport, culture, education), summer camps, parental skills development programme, educational activities, etc.

More information: [www.usmev.sk](http://www.usmev.sk)

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## The night outside

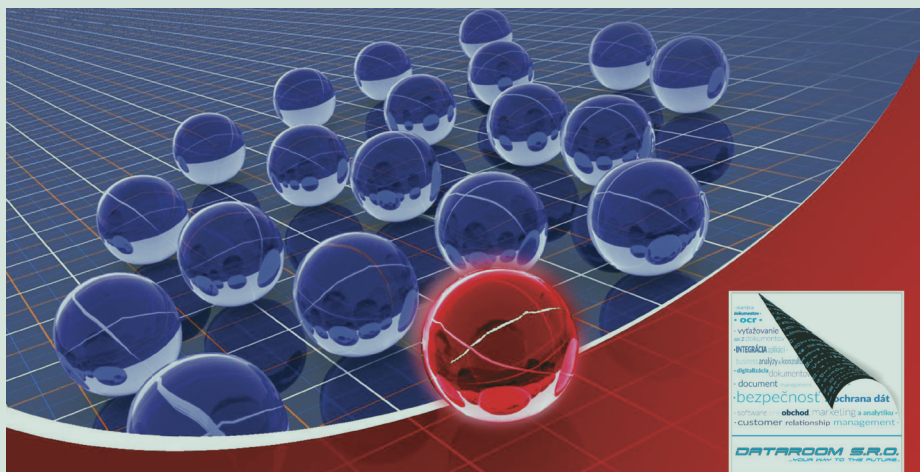
Homeless – is a person who has no home or any possibility of long-term shelter. In Slovakia live on the street a lot of people who for various reasons become homeless. Often we look at the homeless as on the outsiders, thieves, alcoholics, drug addicts, prostitutes. We do not realize or do not want to admit that it can happen to anyone of us. For better understanding of homeless life, also this year OZ Vágus in the month of November offers the opportunity to become homeless for one night. Each candidate receives a carton - bed on which will spend a night under the sky. Night out regularly held in November (exact date of Night out has not yet been set) from Thursday to Friday. Reason for choosing of these days is prosaic. Experience a night out, with no possibility of basic hygiene standard and on Friday because it is a working day, you cannot go to work or go to a job interview. Enter ticket for anyone who wants to try the life of homeless is bringing of groceries in value of 3€. This year, were interested in such events students of the St. Elizabeth University of Health and Social Sciences in Bratislava. We believe that through Nights out can be somehow change the attitude toward homeless people. Every human being has his own life story.

## Student´ drop of blood

Students of St. Elizabeth University of Health and Social Sciences are every year in November involved in donating of the most precious fluid, the blood, through the Student´ drops of blood. Over the last four years besides the often donors there are also many first-time donors. The decision to donate an indispensable fluid - blood is an important step in the life of every person, particularly in the young one. Into the values of the young people is increasingly placed the need to help others, unaddressed, by way of donation of the most valued liquid. Donors are aware that it is their blood may help premature infant, can save lives in urgent surgery or injury. That is the reason why from the first-time donors become regular blood donors. Up today there is still not found any adequate replacement for blood, there is no artificial substitute of blood. The only source is human. Sincere thanks to all current and also future donors.







**... DATA AT HAND**

[www.dataroom.sk](http://www.dataroom.sk)

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